

Jan West

- Ph.D. in Community/Clinical Psychology, University of Nebraska
- Minor in Program Evaluation; Rural Mental Health Emphasis
- Licensed Psychologist in Colorado
- Center for Creative Leadership Executive Coach
- International Coach Federation Certified Coach
- Consultant and executive coach across a wide variety of industries including law, healthcare, architecture, advertising, energy, government, military, education, tech
- APA-Approved Internship and Research Fellowship at Seattle Veterans Administration
- B.A., Psychology, with Highest Distinction, University of Nebraska
- Board Member of Beanstalk Foundation
- Women's Council Member, Leeds School of Business, University of Colorado, Boulder, Colorado

Focus of consulting and training work

- Senior Leadership Team Alignment and Strengthening for Effectiveness
- Coaching and Consulting with company founders, executives, principals in startups and established companies
- Strategy coach for grant pitch competition
- Leadership development for all levels from first-time managers to C-Suite executives
- Facilitation and training experience on change management, leadership development, strategic networking, conflict resolution skills, communication skills,
- Assessment experience include 360's, personality profiles, conflict style, change style, influence style, Women's Inventory for Success Empowerment

My message

- “Everyone shines, given the right lighting.” ~ Susan Cain
- “The future belongs to those who believe in the beauty of their dreams.” ~ Eleanor Roosevelt
- “Be kind whenever possible. It is always possible.” ~ Dalai Lama